

LETTER TO THE EDITOR**“Fellow SEEUUP” and “SLEPE PEM Fellows Conference” bursaries****Andrea Moreno Domínguez¹, Marta Lloret Carnicero²**¹Centro Hospitalario Pereira Rosell de Montevideo. Uruguay. ²Hospital Infantil Universitario Niño Jesús. Madrid, España*To the Editor:*

We would like to take this opportunity provided by Emergencias Pediátricas to address our pediatric emergency medicine residents and fellows and share our experience with the bursaries for SEUP and SLEPE fellows for the Pediatric Emergency Medicine (PEM) Fellows Conference.

Dear Pediatric Emergency Medicine Fellow or Resident,
We are Andrea Moreno Domínguez (second-year Pediatric Emergency Medicine fellow at the Centro Hospitalario Pereira Rosell in Montevideo, Uruguay) and Marta Lloret Carnicero (fourth-year resident in Pediatrics and its Specific Areas at the Hospital Infantil Universitario Niño Jesús in Madrid, Spain). We would like to share with you the enriching experience we had this year thanks to the PEM Fellows Conference bursaries, offered by the Spanish Society of Pediatric Emergency Medicine (SEUP) and the Latin American Society of Pediatric Emergency Medicine (SLEPE).

Thanks to these bursaries, we were both able to attend the PEM Fellows Conference, held from 9 to 11 March in Seattle, Washington (USA). This is a truly unique experience, as the format of the conference differs from that of traditional scientific meetings we are used to. Its aim is to introduce PEM fellows to a number of topics that, in our view, currently represent a gap in formal training. The various workshops and presentations addressed topics such as time management, how to effectively present our work to others, the use of new technologies and artificial intelligence, and how to identify a personal niche where we can align our passions,

skills, and the needs of society and our healthcare institutions. We had never before attended a medical conference where issues like the impostor syndrome or the work-life balance were openly discussed. We had the opportunity to hear from important professionals with years of experience, who shared their insights on these often-overlooked aspects of personal and professional development, areas where no formal training exists and that we usually learn gradually through our mentors and role models as we encounter real-life challenges.

The organizing committee of the conference also gave each of us the opportunity to present a research project and receive feedback from fellow trainees working on similar topics, as well as from senior faculty members and leading researchers. Thanks to their valuable advice, we returned home with our suitcases full of literature and fresh ideas that helped us improve our projects. The small-group format, which encouraged the sharing of personal experiences, was particularly enriching for us as participants from different healthcare systems and it allowed us to contribute ideas to our colleagues' projects from a different perspective.

In short, it has been a unique experience for us, in which we have come to realize the power of listening and curiosity as the driving forces behind what we do. There will always be someone who has seen something we haven't, someone who doesn't share our mental model but can enrich it by contributing their vision, and it is vital that we recognize this.

We would like to thank SEUP and SLEPE for this incredible opportunity and encourage anyone beginning their professional career in the field of PEM to apply for this bursary. The requirements set by both societies, which are described in detail on their respective websites, are similar: applicants must have a C1 level of English or equivalent, a research project, be enrolled in a PEM training program, and be available to travel and attend the conference on the scheduled dates.

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We are confident that for those who have the chance to participate, it will be as valuable an experience as it has been for us.

Useful links:

- <https://pemfellowconference.com/>
- <https://seup.org/beca-fellow-seeuup/>